2023 Website Program Description

New Year
Relax into a deep reflection of the past year and a reconnection with your total self to create your vision and intentions for the New Year.

Residential Program

$1,895.00

4 Days + 5 Nights

Begin the New Year with more than a resolution, begin with a clear vision and defined intentions. In our New Year retreat you will develop the skills necessary to approach yourself, your life, and the future from a heartfelt perspective.

Relax and revitalize this holiday season. Join other like-minded people on this special celebratory journey and sound the bell to ring out the old and bring in the new. Learn how to accept and release the past, shift to a new perspective and create your desires for the coming year.

Shift into empowered states for manifesting your desires. During your New Year program, you will look at your life on physical, emotional, and spiritual levels, preparing for whatever the future brings. Transform your outlook to one of deep appreciation, love and compassion.

Rejuvenate your mind, body, and spirit. Feel renewed, clear-minded, and more joyful as you welcome in a new year full of possibilities. Welcome a knowing that the coming year

will be different from any you have previously experienced or imagined. Manifest your vision for what will be.

What You Get

In addition to the program materials and audio exercises, you will receive the following benefits.

 Semi-Private Rooms Standard accommodations are double-occupancy rooms.	 **Free Wi-Fi** Free Wi-Fi is available for guests	 **Daily Meals** Our dining menu offers many healthy fresh options with a farm-to-table philosophy.
 Shuttle Service Local area, shuttle transportation is included on the first and last days of each program.	 **Swimming** During afternoon breaks, enjoy a dip in the swimming pool or lake (weather-permitting).	 **Massage** Massages are available during weeklong retreats during afternoon breaks. (additional fee)